

Is the outside temperature below 10°C?

GIL'S ADVICE

'Use common sense when checking your horse,' Gil says. 'For example, does he look comfortable? If in doubt, don't hesitate to ask a more experienced owner.'

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'If a horse is old or thin, he'll use up much-needed energy keeping warm, so it's always preferable to rug him,' says Gil.

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'Keep in mind that if you move your horse to a more exposed stable facing an open yard, rather than within a barn, his rug may need to change, too,' Gil advises.

